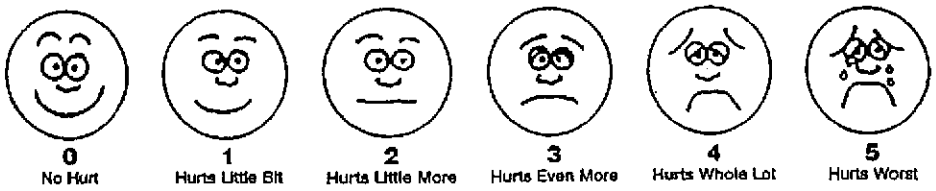
Pain Scale

23. On a scale of 1 to 10 circle which best describes your pain:

0 1 2 3 4 5 6 7 8 9 10

(No pain) (Worst possible pain)

24. Faces Pain Rating Scale



25. Using the symbols given below mark the areas on your body where you feel the described sensations. Include all affected areas. To complete the picture, draw your face.

Aching	Numbness	Pins & needles	Burning	Stabbing	Other
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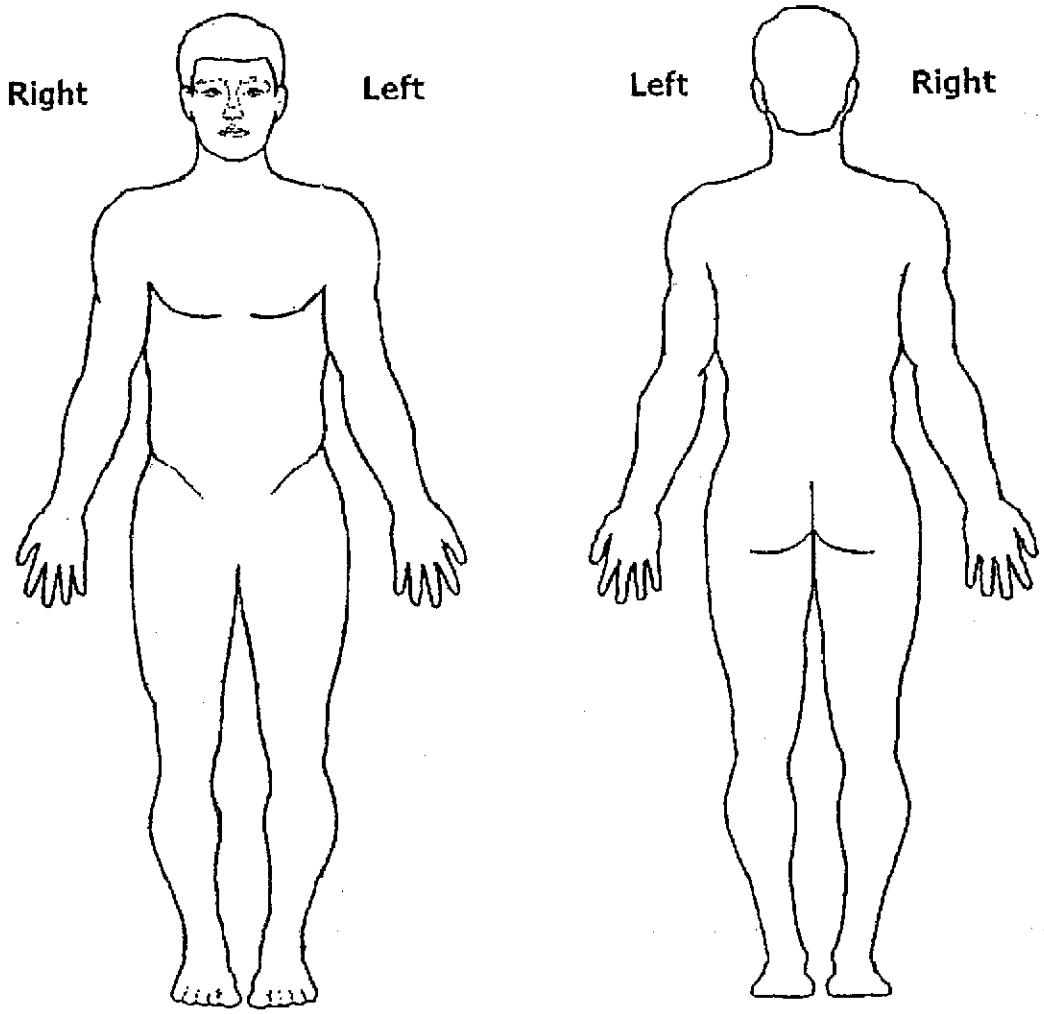

Pain in arm(s) compared with neck _____ worse _____ same _____ less

Pain in leg(s) compared with back _____ worse _____ same _____ less